



Guide (Community Health) Services, Inc.

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May 8, 2023

To: Chakel Walker, SBLC Project Manager
South Baltimore Learning Center (SBLC)
From: Donna Saunders, PhD, President & CEO
Jean Leak, MS. RN, LCPC, Vice-President
Guide Community Health Services, Inc. –
Keys 2 Success (K2S) Empowerment and Clinical Service
Re: Memorandum of Understanding

To whom it may concern:

This serves as a Memorandum of Understanding (MOU) between Guide Community Health Services, Inc. (GCHS) and South Baltimore Learning Center (SBLC) that GCHS, under the leadership of Donna Saunders, Ph.D., will provide socio-emotional empowerment training and clinical services to students who are referred by SBLC. In concert with SBLC's existing mission, GCHS Keys 2 Success Empowerment and Clinical Service program (K2S), being delivered both onsite at SBLC and (where necessary), virtually has as its objective to further assist students with:

- obtaining the needed social-emotional competencies for meeting SBLC academic goals and objectives with success;
- identifying and overcoming health/mental health barriers to successfully achieving SBLC goals and objectives;
- developing/enhancing and making positive use of a supportive social network that engages the nurturing interactions of peers/fellow students, professionals (e.g., instructors/educators, mentors/coaches, clinicians, community-based supports and agencies, etc.) as well as family and friends in service of achieving their academic, professional, and personal goals;
- clarifying their vision for the future and the corresponding action plan for realizing that vision;
- gaining the clinical and psychoeducational learning experiences for increasing the executive skills (e.g., emotional management, focus/attention, etc.) required for independently 'steering' themselves toward their success;

As a consequence of SBLC student engagement in GCHS clinical and psycho-educational services, SBLC should expect the following outcomes among the participants:

- increased self-reported student satisfaction/sense of wellbeing with the SBLC experience;

- increased self-report of student self-competence and self-confidence
- (where applicable) improved SBLC program engagement as evidenced by class participation, attendance, completion of assignments, use of school-based support;
- improved demonstration of self-management skills for academic success as evidenced by completion of assignments, grade performance, etc.;
- increased insight into students' strengths and weaknesses and demonstrated ability to both articulate and consistently execute strategies for maximizing those strengths and overcoming/successfully managing weaknesses for improved academic success in the SBLC program

As a consequence of successfully making above improvements, participation in GCHS' K2S program is hoped and expected to result in increased movement toward SBLC's targeted (measurable) program goals among the K2S participants for the given school year.

Service Providers

The K2S Empowerment and Clinical program will be implemented by service providers who have more than 25 years of experience working with youth and young adults in the mental health and public health fields. Our providers hold graduate-level education (master's and doctoral degrees) and are licensed and certified to practice in their respective fields (clinical psychology, school psychology, nursing, clinical pastoral counseling, post-doctoral psychology interns, etc.). They bring a longstanding commitment to promoting health using a holistic, integrative, body-mind-spirit approach to health, wellness, and recovery. This approach is essential to the success of the program, as it seeks to empower students to address the range of concerns affecting them from a comprehensive perspective.

Participants

Program participants will consist of referrals from SBLC faculty in accordance with a referral system that will be proposed by GCHS and agreed upon by both GCHS and SBLC. Participants must be enrolled in the SBLC program (unless otherwise approved by SBLC and GCHS) and must be capable of attending clinical and training sessions in person and/or virtually depending on their individual service plan. The targeted amount of students to be served over the course of the first 12 month cycle is 30 maximum (unless otherwise approved of by SBLC and GCHS). Clinical service delivery will employ individual, group, and family formats based on participants' needs.

Program Format

GCHS K2S service providers/trainers will be available 6-10 hours/week, initially on Wednesday and Thursday. Providers will provide an exact schedule within 2 weeks of the launch date with the initial hours being from 11:30-2:30, unless SBLC is otherwise notified in advance of a schedule change (e.g., offsite due to home visit, or pre-arranged virtual, etc.). The schedule will include dates where providers will be unavailable due to travel, training, and/or other pre-scheduled commitments.

Incentive activities will be planned in the course of time, pending SBLC's approval for the purpose of celebrating participants' milestones and encouraging continued movement toward planned goals.

Location & Operation Needs

The proposed location for the K2S program under this MOU is at the South Baltimore Learning Center, where the following are provided:

- A dedicated space, preferably a classroom, solely used by the K2S program (able to be locked, with GCHS having access to keys)
- Enough space to accommodate 6 to 10 participants seated at a table or desks with adequate space for writing and learning materials
- At least two desks or tables with drawers to support individual counseling/clinical sessions
- A whiteboard or blackboard for instructional training sessions
- (Optional) projector and screen or blank wall for projection of slides/movies/streams
- An area where participants who require breaks or need to reflect.

Signatures

On behalf of South Baltimore Learning Center, I _____(SBLC Official) agree to the terms outlined above of the Memorandum of Understanding (MOU) between Guide Community Health Services and SBLC for the initial period of 12 months from the date of this signature. I understand that this agreement will begin with a 30 day pilot, during which time SBLC and GCHS can determine the feasibility of continuing with this MOU for the remainder of the 12 month period. (Expected launch date is Wednesday, 5/10/23). I understand that this MOU is only binding for the period that both parties mutually agree to its continuance and will end at the point that either party submits, in writing and at least 2 weeks in advance of the decision to dissolve the existing partnership.

The signatures below affirm the mutual agreement between South Baltimore Learning Center and Guide Community Health Services.



5/8/23

Donna Saunders, Ph.D. – CEO Guide Community Health Services

Date

Official – South Baltimore Learning Center

Date

Witness

Date

CC: J. Leak, MS, RN, LCPC; C. Walker